



Jan. 26th @ 10 am



SUPERBOWL SPECTACULAR

**GET MOVING CATAWBA: Punt, Pass, &
Kick your way to better health**

Wear your favorite team jersey and come to the Longhouse to warm up for the big game. We will have fun activities for everyone in the family. After the workout, there will be door prizes, lunch, and socializing. Please contact Elizabeth Harris (366-4792) or Lisa Martin (366-9090) for more information.