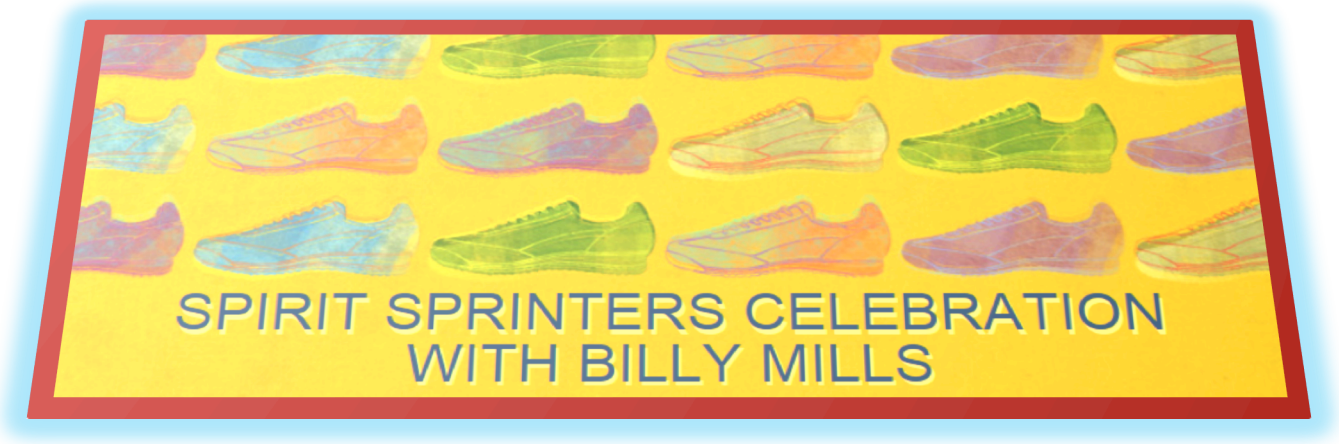
You are cordially invited



Please join us to celebrate the achievements of our youth, teens, adults, and elders during the Spirit Sprinters and Couch to 5K Challenge.

We are pleased to announce that Olympic Gold Medalist and member of the Oglala Lakota Tribe, **Billy Mills**, will be our guest speaker at this event!

What:
Party with Refreshments,
Raffle Prizes, and Motivational
Speaker Billy Mills

When:
Tuesday, December 8th
4:30 – 6:00

Who:
Open to All

Where:
Longhouse
996 Avenue of the Nations
Rock Hill, SC 29730

Host:
Wellness Warriors
Tolani at the Longhouse (366-4792)
Heather at the Clinic (372-5661)

We hope to see you there!

Spirit Sprinters

WELLNESS WARRIORS